



STUDENT SECTION			
Name			Class
Student MOE number (SIS)	School MOE Number	STUDENT SIGNATURE	
School name			

Physical Health and
Education

Grade 4

Sample Term 1

Date: November 2017

Time: TBC

STUDENT INSTRUCTIONS –
Students must attempt **all** questions.
For this examination, you must have:

1. An ink pen – blue.
2. A pencil.

TEACHER NOTES & INSTRUCTIONS

Please tick the correct answers in **RED INK**
and then write the mark awarded in the marking
columns.

FOR ADMIN ONLY	
MARKING RECORD	
Section	Section TOTALS
Section 1	
Section 2	
Section 3	
Section 4	
MARKER SIGNATURE	TOTAL MARKS
MODERATOR SIGNATURE	

SECTION 4 – Gap-Fill

Use the word box to complete the sentence. Each word can only be used ONCE. The first one is done as an example.

Word Box
<p>warm-up safety sports shoes muscle</p>







Example: Before sports I warm up my body.

- Q1. Rules are needed for _____ in P.E.
- Q2. You should wear _____ during sport.
- Q3. Sit ups measure _____ endurance.

You have now finished the examination.

SECTION 2 - Matching Task

Look at the picture. Match the phrase to the picture. Choose A, B, C, D, E or F. The first one is done for you.






PICTURE	Letter
Example 	C
Q1 	
Q2 	
Q3 	
Q4 	
Q5 	

PHRASE	Letter
tests muscle endurance.	A
tests hand eye coordination.	B
tests flexibility.	C
tests balance.	D
tests speed.	E
tests power	F

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SECTION 1 – Selected Response

Look at the pictures.. Circle Yes or No.

Example:	It is a stretch 	<input checked="" type="radio"/> Yes <input type="radio"/> No
Q1	Take off jewellery before sports? 	<input type="radio"/> Yes <input type="radio"/> No
Q2	The Sit and Reach test is for power 	<input type="radio"/> Yes <input type="radio"/> No
Q3	A stopwatch is used for the sprint test. 	<input type="radio"/> Yes <input type="radio"/> No
Q4	Standing broad jump tests agility 	<input type="radio"/> Yes <input type="radio"/> No

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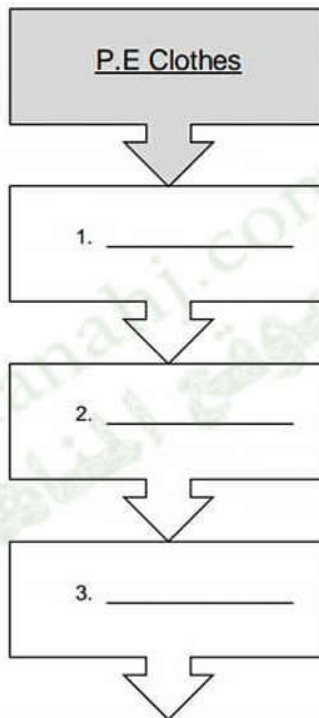
SECTION 3 – Sequence Task

Put the pictures in order. Write the correct step in the box.

The first one is done as an example.

What Should I do before a sport activity?

SAFETY	P.E. CLOTHES	EQUIPMENT	WARM UP
			



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